

Greater Concord Missionary Baptist Church

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Presents: The 26th Lucille Hill Women's Workshop



*Pastor and Lecturer
Reverend Dr. Cullian W. Hill*

*Lecture Prepared and Delivered
Friday, March 13, 2020; 6:00 p.m.
Saturday, March 14, 2020; 9:00 a.m.*

*Theme:
"The Cost of Relationships"*



*Genesis 2:18-25; Romans 12:10;
Philippians 2:3; Luke 12:17; Matthew 12:25*

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Theme:

The Cost of Relationships

Genesis 2:18-25, Matthew 12:25, Romans 12:10

Philippians 2:3, Luke 12:17

Tonight, March 13th and 14th, 2020 is 26 years ago Sister Lucille Hill began this women's workshop. 26 years later it's still fresh and needed.

Genesis 2:18-25 NIV

The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him." ¹⁹Now the LORD God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. ²⁰So the man gave names to all the livestock, the birds in the sky and all the wild animals. But for Adam no suitable helper was found. ²¹So the LORD God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. ²²Then the LORD God made a woman from the rib he had taken out of the man, and he brought her to the man. ²³The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' for she was taken out of man." ²⁴That is why a man leaves his father and mother and is united to his wife, and they become one flesh. ²⁵Adam and his wife were both naked, and they felt no shame.

As we look at the cost and need to improve and strengthen male-female relationships that are struggling with emotional pain; we must identify these relational problems. I'm going to challenge us about restructuring your thought process that affect behavior and relationship dynamics. Such as stubbornness, unfaithfulness, full of ourselves, conceitedness, irresponsibleness, noncommittal and unable to communicate. I will attempt to define some concrete and workable solutions.

Allow me to suggest that the root problem with human relationships is that we have deviated from God's order and design for relationships. From the beginning the word says: "It's not good for man to be alone". This suggest that God is aware of our basic need for a partner and that He is the one who arranged for the "suitable" mate. SO MAN NEEDED COMPANIONSHIP. He needs a suitable partner; a women! Once the marriage takes place there must be room for growth and development; because shortly after the wedding most of us begin to see faults and shortcomings. **Now some serious communication must begin.** If not; anger, hostility, and hurt feelings develops. If rational needs are not met look out!

The need for companionship in a long lasting relationship is so strong that most men and women will go to any length to satisfy it. So why focus on rational needs? What is the benefit of sharing rational needs? When we improve, strengthen and increase positive communication about rational needs; (wants and desires) this strengthens the relationship. Sharing those rational needs is a priceless treasure. When you share a rational need you share a deep part of yourself. It increases understanding. It promotes action in the relationship. Once you know your mate's needs, you can act upon that knowledge. As you gain the right knowledge and take

action you promote security, and trust in the relationship. Conflict is inevitable, but if rational needs are getting met, then the conflict usually does not grow as intense and it gets resolved faster. When rational needs are being met it increases honor in the relationship. Needs and wants are important! If you try hard to understand rational needs you can look forward to a long lasting relationship.

High on the list of rational needs lies the need for physical touch. Look for ways to add touch to your relationship. Hug for no reason except that it is most important. Most people don't know how to hug! There is no affection and warmth in it. It's cold and stiff. It's like hugging a tree. No life in it. So learn how to touch! Learn how to hug! Let me move on.

While the Bible is not an explicit sex manual, it does set forth at least six principles regarding sex and sexuality. Sex and sexuality are positive creations of God. *Genesis 1:27^{KJV} and ^{NIV}1:31* indicates that God created male and female as distinct beings. *Genesis 2:25^{NIV}*, says after the creation of them "both"; God felt very good about these creations.

One role in sexual relation is procreation. Adam knew Eve his wife, and she conceived, however, sex has a greater role than procreation. It is also intended for pleasure. *Proverbs 5:18-19^{KJV}* points this out. Let thy fountain be blessed and rejoice with the wife of thy youth. Let her be as the loving kind and pleasant roe; let her breast satisfy thee at all times, and be thou ravished always with her love.

The Song of Solomon cannot be read without clearly seeing the positive and enjoyable expressions of romantic love. *1 Corinthians 7:1-5^{NIV}*, outlines the mutual responsibility for sexual enjoyment of husband and wife. Yes; talking, touching, extended foreplay, after play, feeling loved outside the bedroom, being allowed

to be the initiator, being cuddled, held, romanced before and after love making, thus eliminating the feeling of being a “receptacle” or having to participated in a “Bam bam, thank you ma’am” brand of sex.

References:

Genesis ^{KJV 1:27} *So God created man in his own image, in the image of God created he him; male and female created he them.*

^{NIV 1:31} *God saw all that he had made, and it was very good. And there was evening, and there was morning-the sixth day.*

Genesis ^{NIV 25} *Adam and his wife were both naked, and they felt no shame.*

Proverbs 5:18-19 ^{KJV 5:18} *Let thy fountain be blessed: and rejoice with the wife of thy youth.*

^{KJV 5:19} *Let her be as the loving hind and pleasant roe; let her breasts satisfy thee at all times; and be thou ravished always with her love.*

1 Corinthians 7:1-5 ^{KJV 7:1} *Now concerning the things whereof ye wrote unto me: It is good for a man not to touch a woman.*

^{KJV 7:2} *Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband.*

^{KJV 7:3} *Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband.*

^{KJV 7:4} *The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife.*

^{KJV 7:5} *Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.*

Holy Bible KJV- King James Version

Holy Bible NIV- New International Version

Your Relationship Bill of Rights

Expectations are essential and if you're not expecting good things: then more than likely you won't get it. We must learn to be honest with ourselves about what is essential for us in order that a relationship will continue. Conflict will come. When you understand that it's alright to disagree, it's a time to learn about each other and deepen the relationship.

1. You have the right to your partner's attention.
2. All long-term relationships encounter sore spots and conflicts. No relationship can thrive when couples hold in frustrations that need to be shared and resolved, passivity does not work. Keeping the problems on the inside alienation grows! Communication becomes more and more important. You have the right to a partner who'll share the load. Especially in household labor.
3. You have the right to affections. In a long-term relationship passion will wax and wane, but it's important that affection carry on. Giving and receiving affection, it brings about pleasure, happiness and a sense of being loved. How do you get it? Ask for it! Make sure each partner knows what kind of affection each needs.
4. You have the right to gratitude. Be grateful for each other. Gratitude can increase motivation to stay in, and improve a relationship.

Developing a Creative Marriage in the Middle Years

1. There is more to us than the other sees. After twenty or thirty years we think we know all about our mate. Don't ever forget we are made in the image of God. Relationships should continue to grow. The more you seek

to know and understand your mate the deeper the relationship will grow.

Keep on rediscovering each other. Love is behavior, thoughts, and actions.

2. Now people are constantly changing, growing and developing. After years you are not the same person! We say time is money; if that is so; then marriage requires a large investment. It requires growth, development, and knowledge about wants and these desires must be learned.